



**BOOTH  
#9**

**FEBRUARY 22, 9AM - 6PM**  
**SAN RAMON MARRIOTT, San Ramon**



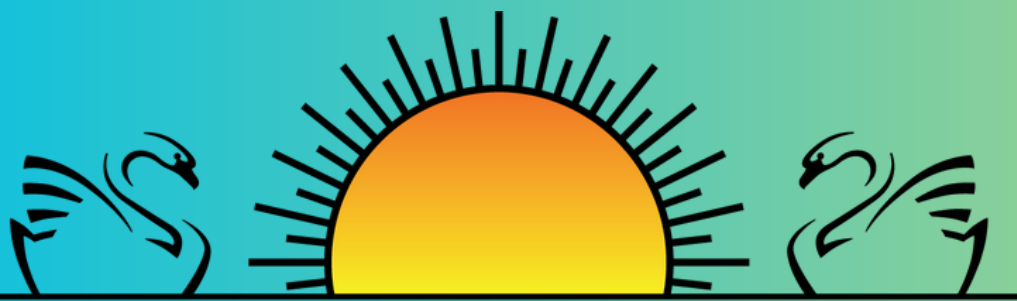
**Stress Reduction  
& Resilience**



**Breathwork &  
Meditation**

**Discover the Power of Your  
Breath!**

Step into our booth and  
experience rhythmic  
breathing practices that help  
you release stress, boost  
energy, and find calm. In just  
a few minutes, you can feel  
lighter, clearer, and more  
alive. Come breathe with us  
and revitalize your mind and  
body!



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MISS  
OUT!**



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**Dance, Music & more!**



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**\$11 EARLY BIRD**  
**\$22 FAMILY of 4**



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