

**FEBRUARY 22, 9AM - 6PM  
SAN RAMON MARRIOTT, San Ramon**

## Juicing for Health

With **KENDRA**

Sign up for 10 AM Workshop

New to juicing or feeling bloated and low energy?  
This is a simple, grounded workshop for gut health,  
energy, and real food healing that shows you how to  
start and keep it doable.



### Perfect for you if

- You want natural healing
- You are new to juicing
- You want guidance that feels doable

### What you'll learn

- How to juice for gut health
- What to juice first
- How to keep it simple

**⚡ GET HEALTHIER AT HEALFEST!**



55 Wellness Vendors  
12 Renowned Speakers  
10 Workshops  
Future of Health Panel  
Free Tastings, Demos, Yoga,  
Dance, Music & more!



**GET TICKETS!**

**\$11 EARLY BIRD  
\$22 FAMILY of 4**



CLICK HERE



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